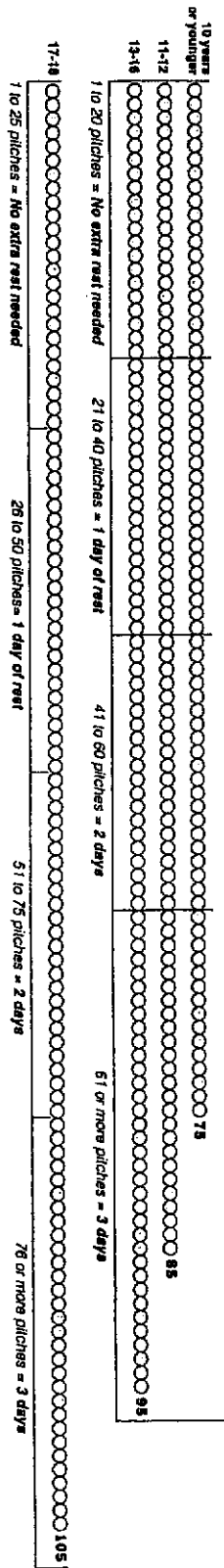


NEW LITTLE LEAGUE PITCHING RULES To protect young pitchers from injuries, Little League Baseball is imposing, starting this season, limits on the number of pitches allowed in one day. The limits, indicated by specified rest periods, are determined by the age of the pitcher.

AGE

NUMBER OF PITCHES ALLOWED PER DAY



Source: Little League Online; Dr. Glenn Fieldig, American Sports Medicine Institute

As Reported by The New York Times